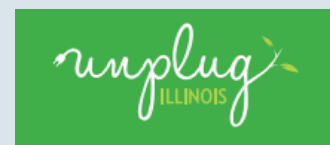


Special Events



UNPLUG Illinois Day at Belvidere Park - July 9, 7:30am-9:30pm

Plug into Adventure

July 9 marks the 4th annual Unplug Illinois Day. As proud supporters of the event, we encourage people to get up, get out, unplug, play and engage with one another through experiences throughout our parks and recreation programs. Be it biking with friends on one of our many trails, getting a workout in at our SportsCore in Prairie Fields, taking a class or simply cooling off at the William Grady pool, the Park District offers many opportunities to help our community live a happier and healthier life. We invite all Belvidere families to spend the day at our parks enjoying the unplugged outdoors while taking in a new activity or learning a new skill.

Time	Schedule of Events	Code
7:30am	Birdwatching Hike (7:30-8:30am): Join a seasoned guide and learn about local birds residing in the park. Pre-registration required and limited to first 15 participants. For best results, bring binoculars and a camera	209291-01
9am	Duck Derby: This annual fundraiser for Special Recreation programming features 600 rubber ducks swimming from the Baltic Mill. No registration required, come and cheer on the ducks. For more information, see page 13 .	NA
10am	Fishing Clinic; Disc Golf Clinic (10am-Noon): Rockford Fishing Tightlines and Rockford Disc Golf Club will be on hand to introduce you or teach you a little more about fishing or disc golf. Can attend if you do not have equipment.	NA
11am	Food Trucks: (11am- 8pm) • Tree Identification Hike (11am-12:30pm): From area naturalist. • Story Time (11am-12:30pm): Join the Ida Public Library for a story and a craft. • Fitness Class (11:30am-Noon): PCF fitness will lead a free workout session. Bring water and a towel or yoga mat	NA
Noon	William Grady Pool Party (Noon-6pm): Games, music, and a lot of fun will be taking place throughout the day • Mystery Trail: (12-3pm) Think of this like an escape room on a hike! Bring friends and family at any time to stroll through the park while solving puzzles! • Lawn Game Demo (12-3pm) – Love lawn games? Would you like to learn a new one? Would you like to play one? Would you like to know what a lawn game is? An area of loved and new classics will be set up for you to explore	NA
12:30pm	History Walk (12:30-1:30pm) – local historian from Ida Public Library will lead a walk through Belvidere Park sharing history of this loved local landmark • Chalk Area (12:30-1:30pm): Great for kids, families, and really anybody!	NA
1pm	Paint in the Park (1-2:30pm): This is our take on a guided painting project. Belvidere Park District Special Recreation Staff will lead you to create your own masterpiece. We will have ALL materials. Space limited to 20 participants.	209291-02
2:30pm	Plant Identification Hike (2:30-4pm): A Local Boone County Master Naturalist will teach you about plants native to the area • Bubbles Area (2:30-4pm): We will have everything you need to bubble up to your hearts' content. Outdoor Cooking Demo (2:30-4:00pm): Stop by this demo area, where every half hour local Boy Scout Troops will be showing you some new ideas for your next cookout or campout.	NA
4pm	Bike Ride (4-5pm): This family friendly ride will navigate through the parks! Rock Painting (4-5:30pm): We will have everything you need to create your own art on nature's canvas! Dance Lesson(4-5:30pm): Celia's Dance Education Center will teach you some Latin dance moves step by step that you can incorporate into that next party night	NA
6pm	Cardboard Boat Regatta (6-8pm): (please see full details below)	209291-03
8pm	Stargazing (8-9pm) NASA/JPL Solar System Ambassador Space Case Sarah welcomes all who want to learn a little more about getting into Astronomy. No equipment is needed.	NA

CARDBOARD BOAT REGATTA - Saturday, July 9, 6pm

Ages 8 and Up • Children under age 12 must have an adult in the boat • **Team Entry Fee:** Early Bird \$20 by 7/28 • \$30 after • Pre-registration is required • **Registration Code:** 209291-03 • **Check-In** begins at 5pm; first race starts at 6pm

The Challenge Design and build a two-person cardboard boat, made of only corrugated cardboard and duct tape, capable of racing in a lap lane a distance of 50 yards (across the pool and back), possibly multiple times. Teams will bring their boat to the William Grady Pool to compete bracket style until a winner is determined.

The Awards

Pride of the Pool: Most Creative Design • **Titanic:** Most Spectacular Sinking • **Peacock:** Best Dressed • **Esprit de Boat:** Best Team Spirit • **Sailfish:** Fastest Boat

WORKOUT WEDNESDAYS - Fitness Court at Prairie Fields Sports Park

Head over to Prairie Fields every Wednesday in July, where instructors from PCF in Belvidere are sponsoring a **FREE workout** session every week. Join us at the fitness court and bring water and a towel or yoga mat. No registration required.

July 6 – 7:30am; July 13 – 12:00pm; July 20 – 6:00pm; July 27 – 7:30am

